# **Transformative Storytelling | Participant Learning Assessment**

**Form Title:** Transformative Storytelling | Participant Learning Assessment

**Form Description:**

Welcome, Traveler. ✨

This assessment helps us understand your learning goals and ensure our storytelling techniques align with your personal growth interests. Your responses remain confidential and help us tailor our teaching approach to support your exploration safely.

## **Section 1: Basic Information**

**Question 1** (Short answer)  
 Preferred Name / RPG Alias

**Question 2** (Short answer)  
 Discord Username

**Question 3** (Short answer)  
 Pronouns

**Question 4** (Multiple choice, required)  
 Age Confirmation

* Under 18 (Not eligible for advanced technique workshops)
* 18+

**Question 5** (Short answer)  
 Time Zone

## **Section 2: Learning Goals & Background**

*These questions help us understand your interests and readiness for intensive storytelling techniques.*

**Question 6** (Paragraph)  
 What draws you to exploring personal growth through storytelling and roleplay?

**Question 7** (Paragraph)  
 Have you used creative methods (writing, roleplay, art, etc.) for self-reflection before? Please describe briefly.

**Question 8** (Multiple choice)  
 Are you currently working with any professional support systems?

* Yes
* No
* Prefer not to say

**Question 9** (Multiple choice)  
 If yes, are they aware of your interest in using storytelling for personal insight?

* Yes
* No
* Not applicable

**Question 10** (Checkboxes)  
 What support systems do you have for processing intense emotions when they arise?

* Professional counselor or therapist
* Close friends or chosen family
* Spiritual community
* Personal practices (journaling, meditation, etc.)
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## **Section 3: Learning Environment Preferences**

*Your comfort and agency are essential for effective learning.*

**Question 11** (Checkboxes)  
 Are there topics you'd prefer to avoid while learning these storytelling techniques?

* Sexual violence/assault themes
* Domestic violence/abuse scenarios
* Child abuse/neglect content
* Self-harm/suicide themes
* Substance abuse storylines
* Medical trauma scenarios
* Military/combat trauma
* Religious trauma themes
* LGBTQ+ discrimination plots
* Racism/discrimination content
* Animal cruelty scenes
* Graphic violence descriptions
* Body horror elements
* Pregnancy/childbirth themes
* Death of children storylines
* Abandonment themes
* Betrayal storylines
* Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Question 12** (Paragraph)  
 What does a safe learning environment look like for you when exploring personal topics?

**Question 13** (Multiple choice, required)  
 How comfortable are you with emotional intensity during storytelling exercises?

* Very comfortable - I'm ready for deep exploration
* Somewhat comfortable - I'd like to go at a measured pace
* Less comfortable - I prefer gentler approaches to start

## **Section 4: Learning Commitment & Understanding**

*Please read and confirm each statement. All are required to participate.*

**Question 14** (Multiple choice grid, required)  
 Please confirm your understanding:

| **Statement** | **Yes** | **No** |
| --- | --- | --- |
| I understand this is education in storytelling techniques, not therapy | ✅ | ❌ |
| I take responsibility for my own emotional responses and self-care | ✅ | ❌ |
| I'm ready to engage actively and respectfully in learning these techniques | ✅ | ❌ |
| I understand these methods involve exploring personal themes through fiction | ✅ | ❌ |
| I commit to respecting others' learning journeys and maintaining confidentiality | ✅ | ❌ |

*(Set validation so all are marked "Yes" to submit.)*

## **Section 5: Self-Care & Resources**

**Question 15** (Paragraph)  
 Is there anything else you'd like us to know to support your learning experience?

**Question 16** (Short answer)  
 Emergency Contact (Optional but recommended)

**Question 17** (Multiple choice)  
 Are you familiar with professional mental health resources in your area?

* Yes
* No
* Could use some resource information

**Question 18** (Multiple choice)  
 How would you prefer to be supported if storytelling exercises bring up difficult emotions?

* Brief check-in after sessions
* Resource sharing for self-care techniques
* Community peer support discussion
* I'll reach out if I need support
* No follow-up needed

## **Section 6: Learning Commitment Statement**

**Question 19** (Paragraph)  
 "Please write a brief statement about your commitment to approaching this learning with openness, respect for yourself and others, and understanding that you're responsible for your own self-care throughout this process."

## **✅ Confirmation Message:**

**Thank you for completing your learning assessment.**

🛡️ Our teaching team will review your submission within 24-48 hours.

🔮 If accepted, you will receive information about our foundational workshops and community guidelines.

**Remember:** You're joining a learning community focused on storytelling techniques for personal insight. We're here to teach tools and techniques - how you apply them to your own growth journey is entirely up to you.

If you have any questions about our approach or methods, please message [Your Discord Username].

**Welcome to the art of transformative storytelling.**